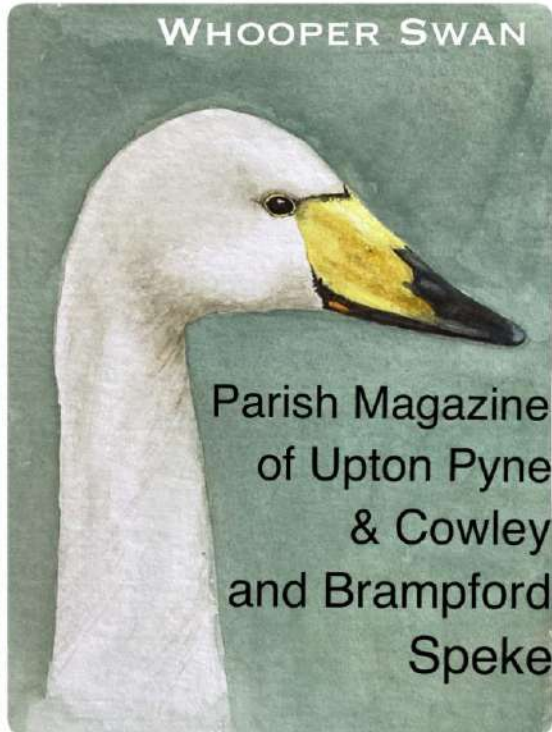
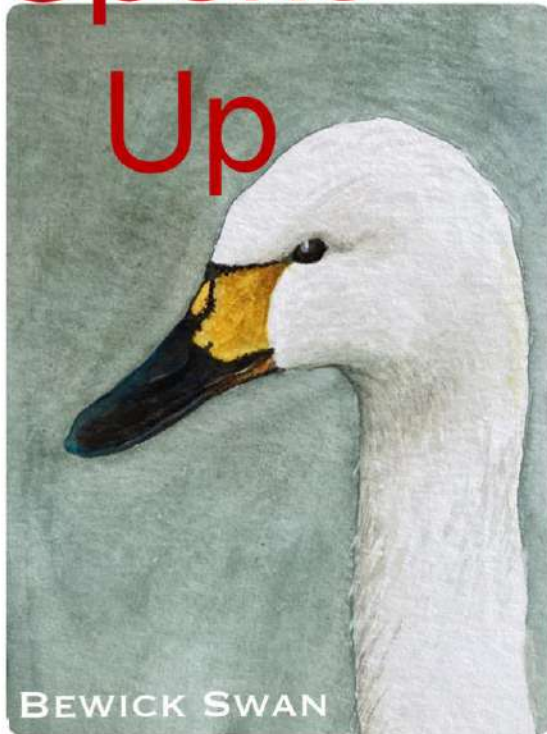


Speke Up



Parish Magazine
of Upton Pyne
& Cowley
and Brampford
Speke

November 2024

Issue 375



Canada Goose – photo Steve Davidson





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Speke Up Matters

Welcome to the November issue of *Speke Up*.

We are delighted to tell you that local wildlife photographer Steve Davidson has joined the team and will be supplying photos for the magazine, especially to illustrate Caroline's Cover Notes and to supplement our fabulous front covers. Steve made his debut in the October magazine, and this month we publish a stunning photo (left) of a Canada goose. He introduces himself below.

In this issue, Ros Leveridge meets Edward V. Find out more on page 26. Sarah Lumley cooks Black Bean and Sweet Potato Chilli - perfect for Bonfire Night - on page 16 and Abi Hann reveals the final total for this year's Macmillan Coffee Morning on page 28. Revd. Tim gives details, on page 18, of an important next step in the move to secure a bright future for the church in Brampford Speke and, on page 38, Dr. Anthony O'Brien explains changes at the Wyndham House Surgery. There's a lot to read in this issue.

And talking of which, we were delighted to discover that *Speke Up* has a reader in Uruguay. Is this our furthest-flung reader or do you know of others? We would love to be told! Please see the directory at the back of the magazine for *Speke Up* contact details.

from the Speke Up team

Cover design: Sally Tuckey

Steve Davidson

My name is Steve, I am an amateur photographer who has had an interest in photography since my teenage years.

I am self-taught and over the years have had an interest in various subjects. For the last 20 years or so I have been mainly concentrating on wildlife and nature, including the smaller wildlife with macro photography.

Living in the countryside provides me with a wealth of subjects just waiting to be captured on camera!

ANNUAL ADVERTISING RATES FOR 2025

Full page (black & white) £100

" " (colour) £220 (£300 with guaranteed cover placement)

Half page (black & white) £65

" " (colour) £140

Quarter page (B/W only) £40

Please note that these annual rates are for 10 issues over the year. We do not publish in January or August.

We accept short-term advertising at a pro-rata monthly rate for bookings of three months or more, and pro-rata plus 50% for bookings of less than three months.

Advertising copy should be in **j-peg or Word doc format** with an accompanying PDF for checking purposes only.

The only PDFs we can accept for publication are full page ads. Artwork must be received by the **15th** of the month before publication. Material received after that is likely to be held over to the next issue.

Colour artwork will be reproduced in the print version of the magazine in black and white (unless space on a colour page has been booked); it will, however, appear in colour in the on-line version at www.spekeup.org.

Maximum dimensions :

Full page 18.2cm x 24.4cm

Half page 18.2cm x 12.2cm

Quarter page 8.5cm x 12.2cm

If you would to advertise with us, please contact Richard Tillet or Ruth Matthews at:

advertising@spekeup.org.uk



Zumba Fitness Class
at Upton Pyne Village Hall

Thursday (Term time) 9.30 -10.30am

£6.50 Pay as you go! No need to book
just turn up

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Facebook – Caroline Anstead Zumba and
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Takeaway

Takeaway at the 'Agi'

Takeaways now available Tuesday to Saturday evenings.

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Fish & Chips Regular £12.50 / Small £8.50

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Kids: Chicken Dippers, Burger or Fish Fingers & Fries with Peas or Beans £8

Christmas Crooner Dinner

Michael Buble tribute, 11th December

Join us for a magical evening featuring the smooth sounds of Michael Bublé sung live by one of the UK's top tributes "Josh as Bublé" paired with a special three course Christmas menu.

It's the perfect way to get into the Festive spirit!

Arrival between 6.30 and 7.15pm with food served from 7.30.

Early bird bookings made before 31st October £45pp or £55pp thereafter.

Killer New Years Eve

As the year draws to a close and the clock inches toward midnight, there's no better way to ring in the New Year than with a night of mystery, suspense, and intrigue.

Channel your inner detective and join us for Murder at the Inn this New Year's Eve.

Step back in time to post-war 1945, where Captain Reggie McQueen has organized a grand celebration in honour of peace.

However, when an unexpected guest arrives, tensions rise, and feathers are ruffled.

Tickets: £65.00 per person

Includes captivating entertainment, a 3-course meal, a glass of fizz at midnight, and party tunes

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Cover Notes

Anatidae

Swans are the largest flying birds in the world, weighing 15 -17 kgs. The UK and Ireland have half (approx. 45,000) the European total number of swans. There are three main breeds of swan in the UK: the mute (*Cygnus olor*) which is a resident, probably descending from the medieval semi-domesticated stock which in turn may have descended from the original wild population of eastern England. Both the Bewick's (*Cygnus columbianus*) and the whooper (*Cygnus cygnus*) are winter visitors from the Arctic: the former to Ireland and southern England, especially the Cambridgeshire Washes, and the latter mostly to Scotland and northern England.

For centuries, mute swans were semi-domesticated and prized for their meat. Roast swan was important for the diet and status of the monarchy and nobility. In 1251, the cooks in Henry III's kitchen carried a total of 351 swans to his banqueting tables over the Christmas season. Since the 12th century, Britain's monarchs have held "Right of Ownership" over all unmarked swans. There were strict swan laws and their wings were clipped and beaks nicked with symbols of ownership. However, during the 19th century, swan meat, which has been described as "fishy mutton", was replaced by the more palatable turkey. The resulting decline in legal ownership and management led to a fall in swan numbers because they were no longer protected from being caught and eaten. They also suffered from ingesting lead weights used in fishing, which led to poisoning. A ban was put in place in 1987 forbidding the use of lead in fishing. This has led to a remarkable recovery in numbers.

King Charles is the present day "Seigneur of the Swans" and every July Swan-Upping takes place on a stretch of the River Thames, supervised by the King's Swan Marker. (See Stanley Spencer: *Swan-Upping at Cookham* 1914/15 Tate Gallery). Today the swans are just checked and weighed for health and condition.

In winter, the whooper and Bewick's swans fly to Britain from the Arctic. They can be distinguished from the mute swan by the different colours on their beaks (see Sally's beautiful cover painting). When Sir Peter Scott established the Wild Fowl and Wetland Trust Centre at Slimbridge, Gloucestershire, he studied the beak markings of Bewick's swans and realised each bird has a unique pattern, enabling them to be identified individually.

It seems that wild swans have been around for a very long time. Carvings from 15,000 years ago, were discovered on mammoth ivory in Siberia - some of the oldest bird artifacts ever found.

Swans are some of the most elegant and beautiful of all birds with their pure white plumage and the slow serene grace of their movements on water. When mute swans arch their secondary wings over their back, they look a picture of grace but it is in fact a threatening behaviour known as busking. And although they can appear calm, they can become fierce when protecting their nest.

The transformation of people into swans is a popular theme in many cultures, from the Valkeries in Norse legends to classical tales such as Zeus transforming into a swan to get closer to Leda, with whom he'd fallen in love. In Ireland, it was believed swans were people under enchantment and bad luck would fall to anyone who harmed them.

There is a belief that swans will sing just before they die, which gives rise to the idea of swansong. In the late 19th century, an American wild fowler claimed he heard a wounded swan singing a most plaintive song.

***The silver Swan, who, living, had no Note,
When Death approached, unlocked her silent throat.
Leaning her breast against the reedy shore,
Thus sang her first and last, and sang no more:
Farewell, all joys! O Death, come close mine eyes!
More Geese than swans now live,
more Fools than Wise.***

Orlando Gibbens - The Silver Swan - 1612 Madrigal.

Unfortunately, there is no space to discuss the Canada goose (*Branta canadensis*) in detail, but see the wonderful photo by Steve Davidson on page 2. There are a large number of Canada geese living beside a bend on the river Exe near Brampford Speke. At times they can be extremely noisy, especially at mating time in the spring. Just as I love hearing the mute swans flying with their heavy wing beats, I equally love to hear the Canada geese flying around the village in formation, while making a loud honking sound.

Caroline Fox

An invitation to you!

Please join us on the committee that runs Upton Pyne Village Hall.

A warm welcome awaits anyone who's willing to contribute to this much-valued asset at the centre of village life. If you've lived here a long time, you've probably been to events here. If you're new, it's a great place to get involved.

We usually meet about four times a year, to discuss and decide ideas on how to run and improve the hall. We're a friendly, small group – but lately we've been getting smaller. And older.

Some younger members would be really welcome – especially if you want the hall still to be here for when you get older.

RSVP to Adrienne Howells, chair, email: tudorthreads@hotmail.com

or to Rose Edgington, secretary, email: eroseme@aol.com

Brass players wanted

Can you play (or would you like to play) a brass/wind instrument?

We're a small, amateur brass band based in Brampford Speke and would love to welcome some new players.

We play for occasional village events like the Christmas Tree Festival in November and carols at the Agricultural Inn in December and, in the past, have played more jazzy pieces at summer events like the annual village fair.

We meet for a few weeks before each event to learn new pieces and practise, so it's not a year-long commitment. Any level of ability would be welcome; we play for fun, and don't take ourselves too seriously.

If you might be interested in joining us, please contact Richard Tillet (telephone: 01392 841268 or email: tillettr@hotmail.com). If you're not sure, why not give me a ring to talk it over?

NEWTON ST CYRES PARISH HALL WITH
RUNNING DOG THEATRE
IS PLEASED TO ANNOUNCE THE ARRIVAL OF

THE GOAT SHOW

**with Goats appearing across the village
between 6 – 9 November**



On Friday 8 November there will be a Quiz & Pasty night at the Parish Hall at 7.30pm. Teams of 4 – 6 people. To enter your team please contact Nicola on 01392 851985. £10 per person

On Saturday 9 November Running Dog will bring the family **GOAT SHOW** performance to the Parish Hall at 2.30pm. Mixing puppetry, storytelling and original music, the show brings you a rollicking adventure story about goats, division, overcoming conflict – but with chase sequences and a competitive poo collection! Don't miss out!!

Tickets Adults £12 Children £8 Family 2
Adults & 2 children £36

Booking through Villagesinaction.co.uk



The Church in Brampford Speke: A Questionnaire

Follow-up meeting 15th October 2024

Following the delivery and collection of the questionnaire exploring just how the whole village viewed the parish church - the actual building and also the work of its members - a gathering was held at the village hall. This was an opportunity to hear the results of the questionnaire and to begin to consider what might happen as a result.

First some brief headlines, without the numerous graphs...

- 130 questionnaires delivered
- 51 questionnaires collected/returned (39%)
- 14 (29%) responded that they had never been to church
- 36/50 of the respondents agreed that the Church is relevant today
- 37/50 agreed that the Church is an essential part of the social fabric of the village
- 50% didn't want to see the church modernised...though 35% wanted more comfortable seating!
- 64% agreed that the whole village should help maintain the church building
- *Speke Up* and the church noticeboard are how people get to hear about what is happening in the church.
- 22 people said they would be interested in directly supporting the church

(More detailed feedback, including graphs, is available from me. If you would like a copy please contact me on tim.collins@netherexe.org)

There is little doubt that the results generated a lot of discussion and have provided us with a flavour of how the village sees the church.

The next step is to explore how we, as the Church, respond to that and secure the future for St Peter's. There will be another gathering at the village hall on:

Thursday 14th November at 7pm

I will also contact directly - by email or phone - all those who expressed a view of support.

A convivial evening of great refreshments and lively talk is guaranteed. All are very welcome.

This is your church, and you can help shape its future.

All blessings

Tim

Rev'd Tim Collins

Priest-in-Charge, Netherexe Mission Community

FRIENDS OF UPTON PYNE

The Curry and Quiz at the end of September proved to be another hugely enjoyable event to raise funds. The food was, as usual, provided by Stuart and Debbie Pearce, with help from Jane King and Ian Findlay. The curry was a variation on the previous recipe, somewhat milder and very flavoursome; we plan to have another evening in February or March when an entirely new recipe will be tried, so come along to enjoy the difference. Watch this space for the date. Sue Glanville tested the brains of the participants with a challenging quiz and tells us the next one will be a fraction easier, although a number of people thoroughly enjoyed the intellectual workout.

The evening brought in over £480, which was fantastic for our funds. People were also very generous in sponsoring a stone for the falling-down churchyard wall. We have just heard that we have been successful in getting a grant of £1,000 from Devon Historic Churches Trust towards the cost of the wall repair, for which we are very grateful.

The repairs to the church, following our quinquennial report, have begun and you might have seen men on ropes dealing with the repairs to the building. There are many more repairs to be sorted over the next few years so our fund-raising remains a priority.

Our next event is the evening of carols at Pynes House on 4 December. Last year's was a wonderful event and we have an expanded choir this year so do come along to listen and to join in. Advance booking is essential - see the advert elsewhere in *Speke Up*. We look forward to seeing you there.

Newton St Cyres Tennis Club

This year's finals day took place on a lovely warm day in September. Viv Baber organised the BBQ and Jana Garnsworthy had made sure that all the tournament matches had been completed in time for the finals. For the first time in quite a few years the juniors had their own competition and it was great to see so many of them involved.

Junior coaching, run by our club coach Jon Wills, is well attended and takes place on Wednesdays after school during term time. If you would like to enrol for next term please email:

juniors@newtonstcyrestennisclub.co.uk

There will be a new beginners coaching session next year on Tuesdays from 4 to 4.45pm. If you are interested for your child to join please email.

Jon also offers adult coaching both individually and for small groups, so if you feel you need to brush up your skills or learn more about the doubles' game, just get in touch with Jon Wills via our website.

Brampford Speke Parish Council

Affordable housing: we received updates about both possible proposals at our September meeting.

Stonilands: the Community Land Trust has submitted a pre-application proposal (i.e. not a formal planning application) to East Devon District Council (EDDC), with a number of significant alterations in the light of public comments. We hope to hear the outcome of the consultation at our November meeting.

Templer's field: the possible developer has confirmed that they are still exploring options, but we have no further information at present. We have asked them to keep us informed.

Village Hall: the Parish Council (PC) and the hall trustees have agreed to commission repairs /replacement of the porch woodwork and external doors which are deteriorating. Costs will be met from reserves, with a grant from our Devon County Council councillors, for which we are very grateful. Planning permission has been approved and we await confirmation of building regulation approval. We hope the work will be done in the next few weeks depending on the contractor's availability.

Neighbourhood Watch (NW): Jan Birmingham's departure leaves NW without a coordinator. NW serves as a valuable point of contact between the community and the police, and we hope someone may come forward to take this on. It's not an onerous role; if you might be interested, please contact the clerk or any of the councillors.

Community food larder: we have been approached by EDDC to explore the possibility of setting up a community food larder. If you would be interested in helping with this, please contact councillor Lisa Langdon, who has agreed to explore options.

Next PC meeting: **Weds 13th November 2024 at 7.30pm** in the village hall.

If you have any issue that you want to raise with the PC, please feel free to contact any of the councillors, or the clerk (names and contact details in *Speke Up* or on the website:

<https://www.middevonparish.co.uk/brampfordspeke>. The website also contains other information about the Council, including minutes of meetings, accounts, councillors' responsibilities etc.

Upton Pyne and Cowley Parish Council

Presentation to Tony Jackson, who has resigned as a parish councillor after 38 years of dedicated service to the communities of Upton Pyne and Cowley. A magnificent achievement! Tony will be sorely missed by the Parish Council. His contribution has been immense. We will miss his wise words, advice and knowledge of the area and the people and his reassuring presence. Best of luck for the future, Tony, we were so fortunate to have had you as a councillor for so long.

The Parish Council has two vacancies for councillors: one to serve the Cowley area and one to serve Upton Pyne. We are a very proactive council and are lucky to represent a caring and community-minded village and the ward of Cowley. Fresh faces and a fresh outlook can never be a bad thing, so come and join us and help to make a difference to your community!

20's Plenty signs: this is a topic being discussed by the Parish Council and we will be looking further into this matter at the meeting in November.

Homedale, Cowley: a site meeting has been arranged for Saturday 19 October at 11am.

Churchyard wall: Cllr Cormack has been overseeing this and it is to be repaired by the end of this month.

Highways issues: the Clerk met with the new Highways Officer and many issues were discussed along with residents' concerns. The bus stop at Cowley, opposite The Stables pub, has been cleared by Highways recently. The vegetation along the pathway beside the A377 going towards Exeter has also been cleared.

The next meeting is November 11th at 7.30pm.



Thorverton Memorial Hall

Saturday Market and Big Breakfast: start your weekend off with a hearty breakfast and a browse of stalls from local sellers. Come along to Thorverton Memorial Hall on Saturday 9th November 09:30 – 11:30am. We hope to see you there!

Cinema Night: In November, our monthly film night is on Friday 15th. We'll be showing *La Chimera*, starring Josh O'Connor. Just out of jail, crumpled English archaeologist Arthur reconnects with his wayward crew of accomplices - a happy-go-lucky collective of grave-robbers who survive by looting Etruscan tombs and fencing the ancient treasures they dig up. Buy tickets on the door or online at thorvertonfilms.co.uk. Doors open from 6:45 and film starts at 7:30PM. Bar drinks and snacks available.

Thorverton History Society

7.30pm WI Hut

22 November

Richard Parker

The Merchants' Houses in St Martin's Island, Exeter



ALL ON A WINTER'S NIGHT (Johnny Coppin, Dik Cadbury & Paul Burgess)

7:30pm SUNDAY 1st DECEMBER
NEWTON ST CYRES
PARISH HALL EX5 5BW
TICKETS £18 (in adv); £20 (on door)

Doors 6:45pm Cash Bar & Raffle
Available from Nicola 01392 851985 or
Pete 01392 210983 and
exeterfolkclub@outlook.com

NEWTON ST CYRES HISTORY GROUP

Wednesday 13 November

Kate Osborne **The Middling Sort in Elizabethan Exeter**

Wednesday 11 December

Christmas meeting

Wednesday 12 February

Gill Mclean **Topsham Canal**

Meetings are at 7.30pm unless otherwise stated. They are held in the Parish Hall and the charge is £3, drinks and biscuits are provided free.

NEWTON RAMBLERS Sunday 17 November

The next walk will be on Sunday 17 November. It is a short local walk but rather hilly as it will be in the Tinpits area of the village. It will be interesting to keep in mind historic communication networks in this area of the village so the group will probably move rather more slowly than usual. The walk is only 2-3 miles in length.

We will meet at 10am in the Newton St Cyres village car park.

All are welcome to join us. If you would like further information, please ring Jean Wilkins on 01392 851337

Please note that anyone joining these walks obviously does so at their own risk.



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If you'd like to be considered for an affordable home in future, you need to do three things now:

1. **Register now** with Devon Home Choice: www.devonhomechoice.com
2. **Monitor** the Devon Home Choice website for vacancies
3. **Become a member of the CLT:** We email members when a home is becoming available at Lake's Down, so being a member ensures you are among the first to know.



Check out the CLT website at www.bsupcclt.co.uk (or use the QR code on the left) for more information. For information on membership or advice on registering for a tenancy please contact our membership secretary at sallydiscombe@gmail.com.

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Walking from the Parish

with *Amanda Ryles*

At the start of October, we took advantage of an unexpectedly sunny day to walk from the Parish all the way to the Quay. It's just over 8 miles, so from Jackmoor/Upton Pyne you might prefer to cycle!

From Cowley church, the walk down St. Andrew's Road has teasing views along the valley through gaps between the overhanging canopy of trees. You miss most of them when you drive, but on foot you get to appreciate the steep drop down to the weir on the river Creedy just before it joins the Exe. I don't usually mention roadkill, but as a local had recently told me about young waterbirds being predated around the weir, it wasn't entirely unexpected to see a once-glossy mink on the road. When the flood mitigation work was carried out either side of the railway bridge at Cowley junction in 2017/18 it was possible to see across to the artificial setts built as an alternative for badgers who had been displaced by the work. They were an impressive sight; a network of tunnels and nesting chambers, eventually buried under 1.5m of soil. Wildlife being creatures of habit however, they all moved back to some scrubland near to their original home within a year of the move. Who knows, it may be found and used again in the future by other badgers.

Unfortunately, there is no path at the side of St. Andrew's and the usual face-the-traffic rule is difficult, so this walk requires a fair bit of leaping into hedges and jumping up onto banks. From the bottom of Weircliffe, the road is in a tunnel of trees, branches meeting from either side, some growing from the edge of the stream, others hanging on to the Carboniferous rocks above, before the road pinches into a narrow point at the mill. Exwick Mill has a long and checkered history, its power used for grinding wheat, powering manganese processing and even as a spa for horses. Indeed, it was first worked by the Benedictine monks of the priory at Cowick in AD1325. Immediately after the mill, we took the cutting on the left and walked through the meadow, full of pollinators in the summer but still with noisy bees on the straggly purple knapweed. We dropped straight down onto the start of the flood relief channel, built between 1965 and 1977 as a solution to the devastating floods in St Thomas and Exwick in 1960. A pair of great crested grebes call the shallow start of the channel home, and each year balance their nests on a little concrete ridge that is breeched every time

the river rises, invariably dislodging the nest and destroying eggs or young. This spring they actually built it a few metres along where weeds provided a shelter. For the first time in years, they hatched two chicks, one of which survived the first vulnerable months of corvid and seagull attacks, and we spent a while watching it diving for small fish. It hadn't yet developed the fancy head plumes of an adult and instead sported a brown stripy head and spotty chest.

There is a pair of young mute swans, born last year, who have frequented this stretch of water for a few months now with very little competition. However, as we got to Millers Crossing they, and we, came across another pair with four large cygnets. Sensing a threat, both of the parents covered an incredible distance in just a matter of seconds, oaring with their huge webbed feet and leaving a wake of disturbed water behind them.

After the weir, the path continues along the Exe, getting quite busy as you near the Quay. We stayed on the west bank of the Exe past Piazza Terracina and the Haven Banks Outdoor Education Centre, before crossing the little pedestrian swing bridge at the end of the canal and walking along the straight double path past the newly opened Chadwick Field. Exeter Spitfire's baseball ground has been named after Henry Chadwick, a Brooklyn sportswriter, baseball statistician and historian born in Exeter in 1824, dubbed by some 'the father of baseball' for his contribution to the development of the game.

The path bears right towards Marsh Barton train station, but we went straight on and over the bridge to Salmonpool. We sat on one of the several benches overlooking the water enjoying our flask of coffee, looking over the water to Leaf Land. The tall white willows shone a striking silver against the blue sky, and the weeping willows beneath trailed their long branches into the water. A grey heron and two little egrets stood poised above the still water pooling at the water's edge, as grey wagtails bobbed up and down by the faster flow. It would be worth a visit to this two-hectare part of the Riverside Valley Park next spring, for as well as the catkins and pussy willow, some 3,000 wild flower bulbs have been planted by young volunteers with the Devon Wildlife Trust.

From Salmonpool, the path heads uphill before becoming a little tunnel between garden fences, wildflowers now outnumbered by fuschias, garden climbers and conifers. We skirted above Belle Isle Park and stopped at Trews Weir Memorial Park Millstones.

We were in the shade of two beautiful Indian Bean Trees with their large bright green heart-shaped flowers and long slender seed pods. Sitting on the stones with the background rumble of the water, we saw a dozen cormorants and a similar number of herring gulls balanced on the barriers, all the gulls on the black buoys, and cormorants on the white buoys. In summer you can walk on the shingle nearly half way across the river from the bottom of this park but, after a wet autumn, the levels were almost to the bank-edge and the cobbles barely visible.

The path follows the east bank of the river, past the Port Royal pub and under the high wall beneath Larkbeare House, the last remnants of the cascading fleabane still hosting loud pollinators. For our return, we stayed on the east of the river, past the cobbles of the Quay, under Cricklepit Bridge and under

Exebridges before heading up past The Mill on the Exe. We stayed on the Millers Crossing side of the flood relief and enjoyed the sun on our backs as we returned to the start of the channel. Crossing back over the water, our return walk had less traffic so we could enjoy the solitude more. This was disturbed in the nicest possible way when an opening in the trees along St Andrew's Road treated us to glimpses of the Atlantic Coast Express steam train as it left St David's Station heading back to Waterloo. As ever, conversation stopped at Weircliffe as we conserved our energy for the hill, but the views down to the weir made it worth the effort once we reached the summit. A slightly longer walk than normal, but possibly the last for a while as we have just adopted a new puppy whose little legs won't be up for an 8-miler until he's bigger.

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Post Office Sat 9.00 - 12.00 + Sun & BHs closed

Speke Up About Music

Song: *Romance Dance* by Little Feat

Suggested by: Stu

Little Feat was one of those bands that I had heard of but never bothered to investigate. I'm glad I did, as they combine many musical styles into a thoroughly rewarding mix.

This song begins with a gently funky riff played on drums and two guitars, REALLY minimal and gets the hips moving. The Fender Rhodes piano joins the party gently, subtly, providing another layer of class.

Legendary singer/rock star/party animal Lowell George starts his vocals and the restraint of all musicians really introduces a layer of controlled low-key energy.

The structure of the song often wrong-foots the listener, although not in a weird Frank Zappa-type or prog-rock way (Lowell worked with Frank) – instead the off-kilter arrangement engages further listening and is the opposite of boring. I could listen to this track on repeat all day and still enjoy it. I am always finding new depths to the production and musicality of this amazing song.

Genre-wise it is difficult to pigeonhole this song/band. Probably rock, funk, soul, Southern-Boogie, blues, jazz. Perfect for when you want to feel COOOOOOOOL!!!

Please email suggestions for favourite songs you would like reviewed in a future issue to noordinaryfish@hotmail.com

Song title:

Artist:

Where were you or what were you doing when you first heard it?

What is it about the song that makes it your favourite?

See also the Spotify playlist which we will add to each month with your suggestions



<http://tinyurl.com/y8ytdeyr>



True or false?

Q1: Elvis Presley had a twin brother.

Q2: Roger Taylor and Brian May from Queen joined the Foo Fighters on stage in Hyde Park in 2006.

Q3: Pink Floyd's 1973 album *Dark Side of the Moon* has sold more copies worldwide than AC/DC's 1980 album *Back in Black*.

Q4: *Smells Like Teen Spirit* by Nirvana is actually a song about a deodorant for girls.

Q5: Baby Spice of the Spice Girls was originally named 'Blonde Spice'.

Q6: Mariah Carey and husband Nick Cannon named their son 'Moroccan'.

Q7: Axl Rose wrote the lyrics for *Sweet Child O' Mine* in five minutes.

Q8: Taylor Swift doesn't have a belly button.

Q9: David Bowie was a cat lover and owned several in his lifetime.

Q10: Wild rocker Alice Cooper is an avid golfer.

Answers to the quiz on page 36



BOOK CLUB

The Volunteers by Carol Donaldson

When Carol is suddenly made redundant from her job, and her long-term partner goes off with another woman, it seems a pretty depressing time for her. She applies for, and gets, what seems to be an ideal job for her, as a paid manager at a conservation trust, with one day a week devoted to leading a team of volunteers.

However, the pay is abysmal and her office is a decrepit cabin with mould, mice and a leaky roof. After a rocky start, her day a week working on conservation projects with the motley band of volunteers begins to be the highlight of her week. The volunteers range in age from their 20s to their 70s. The older ones are mostly well-educated, retired and wanting to put something back into their lives. The younger ones are often doing compulsory community service after some misdemeanor and don't necessarily want to be there. A couple have mental illness of some sort.

This diverse group of people gradually comes together to form a tight knit family of sorts, helping each other with difficulties while working outside in all weathers. Carol has a friendship with one of the volunteers which eventually helps her move on from her depression. This is a book about how we view mental health issues, lack of funding to repair and save our wild spaces, the healing power of fresh air and nature and the satisfaction that comes from a job well done.

SG

Unsheltered by Barbara Kingsolver

I am a big Barbara Kingsolver fan, *The Poisonwood Bible* would be in my all-time Top 10 and *Flight Behaviour* not far behind. *Unsheltered* has been quite a polarising book but for me it did not disappoint – I really enjoyed it.

The novel centres on a house in Vineland, New Jersey, with interwoven timelines tracing the lives of two families living in the same house a century and a half apart. Both eras are times of change. Freelance writer Willa Knox inherits the home in 2016, at a fortuitous moment: her academic husband, Iano, recently lost tenure, so the couple care for his ailing father, their bohemian daughter, Tig, and tricky son Zeke. All this whilst trying to repair a house that is falling apart.

In 1871, Thatcher Greenwood and his difficult young bride move in. He is a science teacher at the community school but clashes with Vineland's founder, Charles Landis, over Darwinism in the classroom. Greenwood finds his support in the community dwindling. His friendship with the intriguing female biologist next door undermines his increasingly shaky marriage.

The author talks about big issues: politics and the rise of Trump, the environment, healthcare and 'shelter' and what that means.

CL

On the Roof – a Thatcher's Journey by Tom Allan

You might think a book about thatching might be a bit dry, a tad dusty - at least that's what it's like in my loft! I must declare an interest (though not much of one, until I read this fascinating book) as I live in a very old, very thatched house.

Tom Allan never planned to be a thatcher. He left university with an English degree and got a job with a publishing house in London. It took him five years to realise it wasn't the life for him. Hoping to work in conservation, he landed an unpaid job as a 'countryside intern' with the National Trust in South Devon. He'd unwittingly moved from his boyhood home in the Scottish Borders to the county with the most thatched houses in Britain. He'd never thought about thatching as a career, but when he was offered the rare chance of becoming a thatcher's apprentice, this old country craft suddenly made sense. "The freedom among the Devon roofs was instantly addictive," he writes.

The fascination and affection he has for the craft and the assorted oddballs he finds working within its world pervade his writing like a love song. Each year, just before Christmas, the scattered thatch men of Devon gather for a festive breakfast at the Haldon Forest Diner off the A38 near Exeter. One year, a newcomer from up-country opens Tom's eyes to different ways of thatching beyond the Devon combes; he remembers tales he's heard of thatching windmills in Holland and thatched roofs in the mountains of Japan, and the seed of the idea for this book takes root.

He goes first to Norfolk and Suffolk to learn different methods by working alongside local thatchers and reed-cutters – meeting an ever-growing circle of strong-minded characters living outside of the desk-bound rat race. From there he travels to North Uist in the Outer Hebrides to learn the ways of the marram houses of the Western Isles. With every journey, the roofs get stranger, the people more devoted to their chosen way of living.

In a book that is bursting with unusual life stories, the one that will surely remain with me is the journey of Syrian refugee Essam and his family. After an odyssey of unimaginable danger, they finally arrive in Copenhagen where his young daughter is too exhausted to go further. Essam is told they will be sent to an island in the north of Denmark. Luckily for all concerned, the island's master thatcher is looking for an apprentice and Essam takes to the work like a natural. The island is the last home of seagrass thatching, which produces some of the weirdest-looking roofs in the world.

Tom travels on to the Netherlands, the Danube Delta and finally to Japan, perhaps the most fascinating part of the book, where tradition and ritual play a great part in roof-making.

This is a book that defies category - autobiography, travelogue, history, record of an ancient craft - written by an engaging, self-deprecating and empathetic guide. The index and endnotes are worthy of an academic tome, the quotations that open every section indicate a literary bent. Particularly appropriate is the quotation at the start of chapter 9:

*There will be people who will say,
you don't mix this with that,
And you will say: watch me.*

Transition (Underground Resistance)

LF

November Quiz

Questions about pairs, twins and everything double.

- 1 In which comic book series did the bowler-hatted detectives Thompson & Thompson appear?
- 2 Arnold Schwarzenegger and Danny de Vito played brothers in which film?
- 3 Enid Blyton wrote a series of books about twins called Pat and Isabel O'Sullivan. Which school did they go to?
- 4 What were the names of the Weasley twins in the *Harry Potter* series?
- 5 Name a famous comedy duo who had the same first names.
- 6 What were the names of the two infamous cities whose destruction was told in the book of Genesis?

7 Who sang about two tribes going to war in 1984?

8 In which Shakespeare play do the twins Viola and Sebastian appear?

9 In hunting parlance, what alternative noun is given to a pair of foxhounds?

10 The Charles Dickens book *A Tale of Two Cities* was set in which period of history?

SG

Answers on page 36



Join the Team

We are looking for someone to fill a vital role in the distribution of *Speke Up*.

We need someone - or possibly two people alternating - to collect the magazine from the printer once a month except January and August. Collection is normally on the last Friday morning of the month, from premises near Queen Street in Exeter. Parking is available at the door.

The magazines are then dropped at four points in Cowley, Upton Pyne and Bramford Speke for onward distribution by our wonderful band of local deliverers.

If you can help or would like to know more, please contact Linda Findlay (07598 753088 or lindafindlay99@yahoo.co.uk) or any member of the *Speke Up* team.



It's that time of the year to savour the flavour of warming meals. This month, I have created a black bean and sweet potato chilli. Perfect for Guy Fawkes celebrations and a reliable vegetarian dish.

Now is the time to enjoy:

Brussels sprouts, cabbage, cauliflower, celeriac, celery, chicory, horseradish, Jerusalem artichokes, kale, kohlrabi, leeks, parsnips, potatoes, swede, sweet potatoes, turnips, mushrooms.

Apples, clementines, dates, oranges, pears, pineapple, pomegranate, satsumas, tangerines.

Duck, goose, grouse, guinea fowl, partridge, pheasant, rabbit, turkey and venison.

Clams, cod, gurnard, haddock, halibut, hake, mackerel, mussels, plaice, scallops, seabass, seabream, turbot.

Black Bean + Sweet Potato Chilli

A hearty, flavourful vegetarian dish that can be made a couple of days in advance and tastes even better as a result. It can be batch cooked and frozen too.

Serve with a side bowl of soured cream, some warm tortilla chips and flat breads.

For 3-4 servings

Light olive oil	2 tbsp
Red onion	1 large, diced
Garlic cloves	2, crushed
Red chilli pepper	1, finely chopped
Red pepper	1, sliced lengthways
Chestnut mushrooms	150g, peeled + sliced
Sweet potato	1 large, peeled + diced
Chilli flakes	1 – 1½ tsp according to your preference
Smoked sweet paprika	1 round tsp
Ground coriander	½ tsp
Ground cumin	½ tsp
Water	120 ml
Black beans	1 tin (400g)
Chopped tomatoes	1 tin (400g) incl juice
Seasoning	to taste

Optional –

Fresh coriander	3 - 4 tbsp, chopped
Lime	1 - 2
Ripe avocado	1, peeled + sliced

1. Heat the oil in a large pan and sauté the onion for five minutes until soft.
2. Add the garlic, chilli and red pepper. Sauté for a few minutes.
3. Stir in the mushrooms, sweet potato and chilli flakes with the other spices and water. Cook for five minutes.
4. Fold in the beans and chopped tomatoes.
5. Bring the mixture to a gentle boil – just a bubble. Simmer for 30 minutes (and up to an hour if time). Now taste and season accordingly, adding extra spice if you want.
6. Warm the tortilla chips and flat breads along with some bowls.
7. Once you are happy with the flavour and texture, serve into the warm bowls. Scatter the fresh coriander over each serving with a generous squeeze of lime juice and top with avocado slices.

✓ *Salsa goes well as a zingy, fresh topping. See the recipe below.*

✓ *I'm allergic to peppers so I add 80g sweetcorn or green beans to the chilli recipe instead.*

✓ *Meat lovers can add six chopped smoked bacon rashers at the start of the recipe.*

Salsa

Finely chop 5 vine-ripened tomatoes, ½ large red onion, 1 garlic clove, ½ - 1 red chili pepper (more if you like it spicy hot) and mix with ½ tsp smoked sweet paprika and 1 tbsp fresh lime juice. Season to taste. If you have some, add 2 tbsp chopped fresh coriander. Set aside for *at least* an hour.

Sarah Lumley



Christmas Pageant With Puppets!!

Upton Pyne Church Dec 24th 3pm

Add a sparkle to this Christmas Eve – not just the after-service drinks but also with your own home-made Pageant Puppet!!

We will be holding two afternoon workshops and providing all the materials for these easy to make 50cm tall puppets.

The Workshops will be held at The School House, Upton Pyne on

8th December 2.30 pm - 4.30pm

14th December 2.30pm - 4.30 pm

Hope to see you there!!

For further details please phone Lisa Clapp on 01392 841339

You are invited to

2024 Christmas Festival

St. Peter's Church
Saturday 23rd & Sunday 24th November
2-5 p.m.

Decorate & bring along your wreath, tree or Christmas themed display.

The Church will be open for delivery that week from Monday 18th Nov.

Biscuits Music
Quiz Christmas
Cream tea Cakes

Information is on the St. Peter's notice board.

If you would like to help bake, decorate, or with any aspect of the event, please contact 07910 855 053.

Remembrance

As we head into winter, as the days become shorter and the temperature drops, November- it seems to me - is that opportunity to take a small step back and settle into a time of reflection. Especially before the wonderful hurly-burly of all that is Christmas.

It is interesting how we have settled in to 'celebrating' the things that used to frighten us. By the time that you read this, our communities – well, the children mainly - will have celebrated All-Hallow Mass or perhaps it should be All-Hallow Eve. Oh, ok, I know it's called Halloween (but it doesn't do any harm to remind ourselves of how this all started, with its original focus on dressing-up, in order not to be recognised, in an attempt to ward off ghosts and ghoulies and all-things underworld). That time of 'trick or treat', of houses being dressed up, of children dressing up, imitating those very images of fright, and gorging on bucketloads of sweets.

But for Christians, Halloween is really just the lead-up to a time of thoughtfulness, of remembering, of celebrating - celebrating the lives of the saints, and remembering all those who have gone before us, particularly family and friends – and firmly believing that there will be a time of coming together again.

Around this time, many churches would put on a special service both for All Saints/All Hallows (1st November) and for All Souls (2nd November); services that would focus on and acclaim our deep belief in life after death. These services are a real celebration of hope and joy. And, so, not to fall down on this tradition, on Sunday 3rd November at 3pm, at Newton St Cyres, the Netherexe churches will hold a Service of Remembering, a time of reflection and of remembering; a time to bring to heart and mind family and friends who have died, to hear again their names and to light a candle in their memory. This service is open to all, to spend a little time gathering thoughts, of being with those whom we love but see no more.

At the end of September, the Netherexe churches gathered together to celebrate God's abundant generosity, a chance for us all to think about and celebrate how rich our lives are surrounded by all that is good in creation. The service was centred on Matthew 25:31-46 - known as the parable of the sheep and the goats (incidentally, did you know just how hard it can be to tell the difference between a sheep and a goat!). During our time together, we gave thought to those places around the world that are suffering through war, climate change, disease, famine and poor government. We know that there is enough for all in this world, that we can produce all that we need - which, of course, isn't the same as all

that we want - and yet millions of people are struggling, are starving. And while we offered prayer for all that is happening around the world, we also knew that we had to act.

During the service, we had a talk from Chris Rowe about **Food.Gives** - a project run by *Barnabas Aid* to relieve suffering in many places around the world. In essence, this is a global foodbank, seeking to collect appropriate dry food and distribute according to need. As a result, each of our churches has committed to raising awareness and to providing that much needed dry food - rice, pasta, pulses, salt, sugar etc. Each church now has a box to fill with these goods. And over the next year, and ongoing, we are aiming to fill at least one pallet - about 100 boxes. We would welcome any support and offer of foodstuffs that you could give.

All blessings, *Tim*

Revd Tim Collins

Priest-in-Charge, Netherexe Mission Community

01392 860767

tim.collins@netherexe.org

Netherexe Mission Community

A Time to Remember

*A service to remember loved ones
who have died*

*An opportunity to light a candle in their
memories*

**The Church of St Cyr and St Julitta
Newton St Cyres**

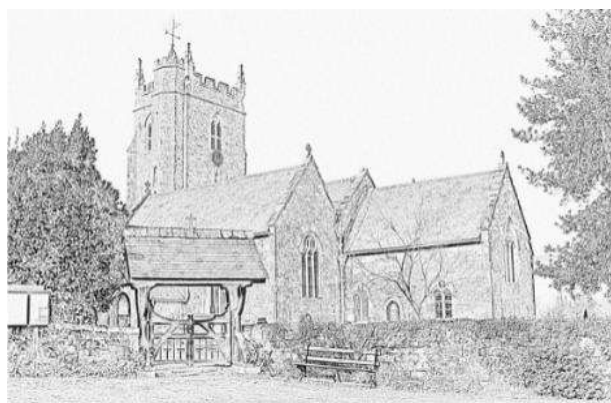
3pm Sunday 3 November

**a time of prayer and quiet reflection
to remember those we love,
but see no longer**

*Blessed are those who mourn, for they will be
comforted
Matthew 5:4*

*If you would like, please bring the order
of service from their funeral to place
alongside the candle*





UPTON PYNE CHURCH NEWS

Greetings from the Church of Our Lady in Upton Pyne. October, among other things, is harvest time and we marked this season in Upton Pyne with an imaginative new take on Harvest Festival, led by the Clapp family and preceded by bacon and sausage baps and hot drinks; very many thanks to them for the hard work involved.

This month we mark Remembrance Sunday on 10 November with a joint service with Brampford Speke. We hope for a fine day and that many will opt to mark this national day, gathering at our War Memorial at 10.50am for the short British Legion Service of Remembrance; there will then be a short Service of Remembrance with Holy Communion in the church.

Then we move into Advent and winter and there will be many activities and events here and in the other Netherexe villages. On the evening of Wednesday, 4 December 4, the Friends of Upton Pyne are once again arranging an evening of carols, music and readings in the wonderful setting of Pynes, thanks to the generosity of Kate Tilley and her family. Booking details can be found elsewhere in this issue of *Speke Up*. Funds raised will support the ongoing work in the church and churchyard.

A warm welcome to any event in the church in the centre of the village.

VC

TEA, CAKE & CHAT ON THURSDAYS

The Thursday teas take place in Upton Pyne Village Hall. The hall is open every Thursday 2pm - 4pm and anyone who turns up is assured of a warm welcome, tea and a chance to catch up with neighbours and friends. Our grateful thanks to the hall committee for making it available and to Adrienne, Lyn and Rose for hosting this community event.

THE LUNCH BUNCH

We next meet on Tuesday 12 November at 12 noon at The Thorverton Arms for a good lunch and good company. Anyone is welcome to join this friendly group: to book a place call Pat on 841 599 or Veronica on 841 530.

VILLAGE COFFEE MORNING

We continue to open Upton Pyne Village Hall on the first Monday of the month and offer a warm welcome, tea, cafetiere coffee, biscuits and a chance to buy homemade cakes and to browse for bargains at the Bring & Buy stall. Do come along and support this community event. The next is on Monday 4 November at 11am.



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SERVICES & INFORMATION NOVEMBER 2024

The Netherexe Parishes - A community of Anglican churches in Devon

Please see our website at www.netherexe.org under “Services” section.
We also have a calendar for services & latest events are under “news”.

Sunday 3 November

11:15 am	Remembering Service	Cadbury
03:00 pm	Remembering Service	Newton St Cyres
05:00 pm	Communion	Stoke Canon

Sunday 10 November

10:00 am	Remembrance Service [with Royal British Legion]	Thorverton
10:00 am	Remembrance Service	Stoke Canon
10:50 am	Remembrance Service with Communion	Upton Pyne [joint with Brampford Speke]
10:50 am	Remembrance Service	Newton St Cyres

Monday 11 November Armistice Day

10:50 am	Armistice Day Service*	Rewe War Memorial, Green Lane, Rewe
10:50 am	Armistice Day Service*	Thorverton War Memorial, Thorverton Churchyard

**Please note these are open air services, please dress accordingly*

Saturday 16 November

03:00 pm	Annual Bellringers Meeting & Service	Stoke Canon
----------	--------------------------------------	-------------

Sunday 17 November

09:30 am	Communion	Brampford Speke
09:30 am	Bubble Church	Thorverton
10:00 am	Service	Stoke Canon
11:15 am	Communion by Extension	Cadbury

Sunday 24 November

09:30 am	Communion	Newton St Cyres
10:00 am	Messy Church	Stoke Canon
11:15 am	Communion	Rewe
06:30 pm	BCP Evensong	Thorverton

Every Tuesday at 6:00pm we gather for prayer in Rewe Church

At **Communion** services we share bread and wine: you are welcome to join us for the service and to share communion if you wish. A lay minister occasionally leads this service.

At **Coffee and chat** we enjoy time together in conversation with coffee and cake to hand.

At **Services** we share together in song, prayer and the bible. Special services are noted in the description.

Bubble church is for young families and **Messy Church** for families who enjoy craft.

Revd Tim Collins [Priest in charge] Tel: 01392 860767 tim.collins@netherexe.org

For more information about the Netherexe Parishes please see www.netherexe.org or contact:

Juliette Lea [Administrator]
Tuesday & Thursday [09:00 – 15:00]
Tel: 07594 714590
Email: administration@netherexe.org

Peter Shepherd [Administrator]
Monday & Wednesday [09:00 – 13:00]
Tel: 07551 844321
Email: administration@netherexe.org



Turning of the Seasons

Will we have a golden autumn, fat and prosperous, or ragged and wild? The summer was cold and wet then dry. Farmers and the natural world love an open autumn, good feed available late into the year. We all need stores to take us through the winter.

However it is going, the great dance of the seasons continues: energy comes out of the leaves and into the ground, the annual reset. Leaves tire, change colour and fall, long views slowly open up as branches bare. Here is a sassy fox teenager daintily learning how to hunt. Young buzzards wheel with their siblings over the trees and scream their objection to fending for themselves. I hear the whoosh of little wings, finches flocking together for protection.

The red clover flowered so boldly in the fields, adding fertility and now cut for winter feed. We've sown a lot of new leys: grass, clover, plantain, salad burnet. I checked our soils for earthworms for the Global Farm Metric, a wide-ranging analysis of our farm sustainability. The earthworms, indicator species and top predator, the T. Rex of their world, show we have grown crops for too many years in some fields. There are too few earthworms, telling us that soil needs a grass break, a step needed for soil health. In other fields, alternating grass and crops, the earthworm count lends its approval. We are ploughing some sadder fields. We've found no-plough, desirable though it may be to avoid disturbing soil, doesn't work where the soil organic matter has dropped from too much cropping. Those soils need an emergency

injection of animal manures to bump start life. When those arable soils are in better shape, then we can look at no-till. The earthworm counts give soil a voice.

The heifers are ranging the old pastures, getting into shape before winter. Then they will go onto fields we plan to reseed in the spring, adding their self-spread manure from long grass and some haylage - slightly fermented, slightly dried long grass. Now we place the bales in the field at day's grazing-sized intervals, setting up feed for winter, saving travel on wet tender soil with heavy machines.

Spring-calving cows are on the last lap of milking before their winter holidays, making rich milk and not so much of it as they divert their energy to their growing calf. The autumn-calving cows, recovered from calving, are in that brief period when they aren't pregnant. Their bodies are calling for a calf, and the field is full of little knots of cows flirting with each other, hoping to attract the attention of the bull. Hang on, girls, you'll see him next month. Let your bodies recover before you go for it again.

Their milk is nicely balanced and a pleasure to make into cheese, as it always is on grass. In the cheese dairy we are making cheese for next Christmas. The temperature outside makes the curd warm to bury your hands as we work the curd and cheddar (repeatedly pile blocks of cheese one on top of the other to squeeze out moisture).

The cheesemakers were inspired by the Affineur of the Year competition we created with the Academy of Cheese. When we sent the cheese off to competing affineurs, the cheesemakers made a wooden box from cheese shelves and buried it in the ground. They processed giggling like young girls with the new cheese, burying it in the box, wisely leaving a webcam with a camera. The cheese looks remarkable, growing a long coat in its humid soil home.

I can't wait to taste it, and I will have to wait. We know the vat the cheese came from made OK in the dairy. We don't know yet how it tasted in its 3-month grading, where we taste every vat to let us know about make and milk. We will follow up at 12 months with a fuller flavour description. I love cheese, eating a little of ours and others' every day. Joy and pleasure, legal and good for you. What's not to like?

We are chipping up oak, some for my brother's wood chip boiler, and we will choose some to smoke our cheese. We take an undemanding flavour cheddar, one that won't fight with the smoke. We cut it into rings so the smoke will seep in. We light a gentle fire and smoulder it overnight for 16 hours. We are looking for a cheese with a front flavour of smoke, a little dance of smoke and cheese, leaving your palate clean with cheese at the end. It's lovely in cooking, lending a gentle oaky smoke with the umami butteriness of the cheese.

Mary Quicke

Thorverton History Society

Two hundred years of Photography

A talk by John Dike

Dating back to 1544, the Camera Obscura is the fore-runner of the modern camera. A fine example of this use of mirrors and reflected images is to be found at the Clifton Observatory in Bristol. Using a series of mirrors and lenses to reflect a 360° panoramic image onto a viewing dish, William West's Camera Obscura is one of the only working examples open to the public in the UK. This marvellous piece of Victorian engineering was built in 1828 and still offers incredible experiences to visitors today.

Photography originated as scientists explored optics and chemistry, discovering light-sensitive materials that darkened when exposed to light. In 1826, Joseph Nicéphore Niépce took the first preserved camera photograph on bitumen, while Thomas Wedgwood was, at a similar time, producing images using silver nitrate. By 1839, Louis Daguerre and Niépce together presented the daguerreotype, using a more commercial process on copperplate, while around 1840, William Henry Fox Talbot developed the negative-positive process.

The first recorded photograph of a human face is attributed to Dorothy Draper in New York. Louis Daguerre's 1838 photograph of the Boulevard du Temple, Paris shows a man having his shoes shined. The first selfie was Robert Cornelius in 1839! Developments were moving on apace.

By 1860, Roger Fenton was recording the conflict in the Crimea and in 1861, Matthew Brady, recorded the American Civil War conflict.

In 1888, George Eastman prepared a roll of camera film, cameras became more portable and were finally able to record images in colour. On May 17, 1861, Scottish physicist Sir James Clerk Maxwell presented possibly the first colour photograph at the Royal Institution. The photograph showed a tartan ribbon and was made by Thomas Sutton according to the three-colour method proposed by Maxwell as early as 1855.

Familiar names such as Leica, Pentax and Kodak began to make cameras more readily available to the enthusiast and the movies recorded moving pictures. By 1957 the first digital photograph was achieved. Now AI can fabricate and enhance images. Photography with its ability to record amazing and graphic images continues to advance.

K A Marshall

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Mark Leveridge - Professional Strolling Magician

The Magic Of Christmas



The festive period is already often a magical one, but you can make your Xmas event even more so by booking the comedy strolling close up magic of Exeter's top professional magician **Mark Leveridge**. Allow him to add his own unique brand of entertainment to your celebrations in December and **guarantee for you and your guests a truly magical time this year.**

To watch Mark in action or to get a quote, go to his website at
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Or if you would like to chat about your event, call

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Ros Leveridge meets Edward V

the village and all of the tour group are already inside it seems, enjoying an amazing array of cakes from lemon drizzle to gingerbread, served with great efficiency by volunteer waitresses from the village in impressively crisp white aprons.



The ancient church of St. Matthew sits on a hilltop in Coldridge, a village some 10 miles west of Crediton. Its whitewashed and stone interior is cool and tranquil and houses many ancient treasures from its centuries' long history. The exquisitely detailed carving, which has survived over 500 years, is exceptionally fine on the pulpit and the magnificent rood screen. The solid stone font is Norman. Swans and lions still look up from the 16th century glazed floor tiles nearby.

This church, and this village, holds many mysteries too, and I am here with a small group of other history lovers, keen to discover them. Over the next hour, we will be taken back to the 15th century and immersed in a world of intrigue and conspiracy.

Philippa Langley, celebrated for having discovered the whereabouts of Richard III, has a new and current research initiative entitled 'The Missing Princes Project' which is centred right here in Coldridge. We have come to hear about her latest theories about the possible fate of Edward V and Prince Richard, the two young boys known as the 'Princes in the Tower' and to hear of the current investigations into the possibility that Edward, rather than being murdered by his uncle as history has so long told us, survived and was brought to live in Coldridge.

But first, there are other equally important things to discover. The little village with its traditional thatched cottages huddling round the green is empty and windswept on our arrival. We have been promised coffee and cake as part of the day's programme and so cross to the village hall. Inside a burst of warmth and noisy chatter greets us as we open the door. Most of

As the interest in 'The Missing Princes Project' has grown, so the café in the village hall has sprung up, staffed by enterprising volunteers who run it on tour days, providing coffee and lunches which can neatly bookend the talk and visit to the church should visitors so desire. Of course, my friends and I did so desire, and enjoyed either an amazing pasta bake or pork and vegetables, followed by a lemon posset, which were all excellent. Wherever possible local ingredients are sourced and used to help support local Devon producers and businesses, with proceeds going to the running of the village hall and, in September, towards the village donation to Macmillan Cancer Support.

Afterwards, we cross the cobbles to the church and sit to hear the talk on the hard wooden pews amidst a sea of brightly coloured and beautifully embroidered hassocks. I am struck by the contrast between the ultra-modern technology of the presentation and our historic surroundings. We all now focus not on an ancient carved wood screen, but on an electronic one and the succession of images which are used to illustrate an absorbing narrative. John Dike, a Coldridge resident and lead researcher, is today's presenter, and explains how and why the Philippa Langley project is exploring the evidence that John Evans, whose impressively large tomb lies to the left of us in the Evans Chantry Chapel, might be none other than Edward V.

The approach is very much that of a detective investigation and here the clues abound. First and

foremost perhaps, is the remarkable stained glass window portraying Edward V, one of only two contemporary portraits which exist. It shows a young golden-haired boy wearing a crown, with another larger one poised above his head.



In the same window, a small fragment of glass shows the head of a man with just a glimpse of a crown (*right*).

Both gaze down into the chantry, where below lies the tomb of John Evans, a man who is known to have come to Coldridge in about 1484 to become park-keeper and who was given the title 'Lord of the Manor'.

Are these three faces, which stare at us across the centuries, one and the same person? Was John Evans in fact, an Edward V in disguise? John Dike outlines the case in detail and points to upside down images, numerous symbols and concealed signs which potentially hold hidden messages for those who know how to read them. To detail these would be rather like giving away the ending of a detective novel and to spoil a future tour for those who do not yet know the story. Suffice it to say that we are given much to consider. Afterwards we are invited to visit the Evans Chantry, and wherever the truth lies, we cannot fail but to be impressed by the simple beauty and great age of the window and the tomb.

Was John Evans really Edward V? Try the tour for yourself - it is certainly food for thought and something to talk about, all the way home.



Open Days in 2024 for Visitors Interested in The Missing Princes

The last tour this year is on 28th November, **for which reservations are required**. There will be a slide presentation before the guided tour. Refreshments will be available in the **Coldridge Cafe** to be found in the nearby Village Hall between 10.00am and 3.30pm, serving coffee and cakes, tea and scones and lunches (12 - 2pm only).

To reserve your place on a tour or to request a group booking please indicate your preferred date, stating morning or afternoon, and the number in your party **by contacting us at this address only:** coldridgeparishchurch81@gmail.com.

Please note: Bookings close 6pm on the Tuesday prior to a Thursday tour day.

With thanks to Devon Historic Churches Trust, Devon Churchlands and John Dike for use of these pictures.





MACMILLAN COFFEE MORNING IN UPTON PYNE

A massive THANK YOU to everyone who came along to the Macmillan coffee morning on Saturday, 28th September.

It was a glorious morning with so many familiar faces enjoying delicious cakes and helping to support this fabulous charity!

A huge thank you to everyone who donated money, baked cakes and donated raffle prizes. A special mention to Graham Wilson of Wilson Forestry and Firewood, Bernaville Nurseries, Paintpots of Devon, Hanlons Brewery, Baobab Cafe, The Beer Engine, Tescos and Wilkinson Grant and Company estate agents.

Together we have raised an outstanding £1,040!!

If you would still like to donate, please contact me;

abituckey@aol.com

Very many thanks,

Abi Hann





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AFFORDABLE HOMES AND COMMUNITY LAND UPDATE

The Community Land Trust submitted a request (known as a 'Pre-App') to East Devon planning department for comments on the proposed affordable housing and community land scheme on Stonilands field. We have recently received their comments and suggestions. Overall, the response is very encouraging. It favours a single entrance from the main road and stresses the need for a scheme to deal with surface water run-off. It is particularly supportive of Nick Scott's proposed housing design and layout. To quote :

"Scheme that fits well within the site and surrounding landscape and village context. Officers endorse the comments of the landscape officer and would agree that the rural farmyard layout with a central access and courtyard parking appears in principle to be a form of development that would be sympathetic and in keeping with the rural context and character of the site."

There are still some issues to resolve mainly relating to the number of affordable homes (six or a couple more) and of market homes (two or three) and the infrastructure build cost. We also must settle on our Housing Association partner (we think we are nearly there). But it is very encouraging to know that we are likely to get the planners' support.



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Wednesday, 4th December

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CONTACT June 01392 841272

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Mon 2nd Dec at the local Village Coffee Morning

Make your own Xmas Wreath *guided by professional wedding florist, Katrina, from BLOOM BLOOM of Upton Pyne. A ready mossed 12 inch ring & wire for fixing foliage, plus ribbon for bows will be provided. These rings can be made into a wreath of your own design. You will be asked to bring your own foliage or decorations. I feel sure that some of us with larger gardens will be happy to help out with fir or holly if needed. The tutorial will last for 2½ hours at a cost of £20pp. We would ask for you to reserve and pay for your place by Saturday 25th November please call June Nicks 01392 841272*

Monday 20th JANUARY 2025

Our A.G.M. is at 3pm

followed by refreshments, and at

4pm we have a talk given by

NICK COX who is an enthusiastic volunteer guide

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The Gardening Year



November can still be full of colour, and you may be wondering what plants you can include in your garden to bring a burst of reds, oranges and yellows next year.

Last month, we looked at flowering plants that give autumn colour. This month, if you are thinking of a tree, then the **Sweet Gum** *Liquidambar styraciflua* (**pictured below**) can be glorious. If you have the space, this is a deciduous tree growing to 20m tall, the outline is broadly conical, with rather glossy, maple-like leaves, which turn to shades of orange, crimson and purple in autumn.



Another colourful plant is **Virginia creeper** *Parthenocissus quinquefolia* (**pictured top right**) which is known for being a large, vigorous, deciduous climber. The leaves have five ovate leaflets, turning bright red and orange in autumn. The flowers are inconspicuous, but it does have blue/black berries. It can be allowed to trail in hedges or can eventually cover a complete wall.



Did you take part in this year's **Big Butterfly Count**? Sadly, the results for 2024 were the lowest numbers on record. The Butterfly Conservation has declared a national 'Butterfly Emergency', as the results showed a marked and hugely concerning decline in numbers. Overall, participants spotted just seven butterflies on average per 15-minute count, a reduction of almost 50% on last year's average of 12, and the lowest in the 14-year history of the Big Butterfly Count. In total, just over 935,000 butterflies and day-flying moths were recorded across the UK from 12 July - 4 August, down almost 600,000, equivalent to more than a third of 2023's total, and 9,000 Counts were logged as seeing zero butterflies, the highest in the citizen science programme's history. The majority of species (81%) showed declines in the number seen this year compared with 2023. *Next year's Big Butterfly Count will take place from Friday 18th July – Sunday 10th August.*



A-Z of Rose Growing (continued) – Peter Beales Roses

M – Moisture-retentive soil: It's the holy grail for success with roses, combined with good drainage and a sunny position. Get these basics right and you're in store for a fabulous display of flowers!

N: Nutrients: While roses will flower even when subjected to neglect, supplying plants with plenty of nutrients holds the key to abundantly healthy displays. Where roses are growing in border soil, feed three times using a general-purpose fertiliser: firstly in February ahead of the flowering season, then again in June/July after the first flowers have faded, with the last feed taking place in August. Roses in containers will thank you for a regular liquid feed throughout the growing season. Vitax and Westland are two brands that offer tailored liquid rose food, whilst Maxicrop liquid seaweed plus iron is favoured by the team.

O: Ornamental: It's not just the flowers of roses that are wonderfully ornamental: certain types, such as species roses which have a more natural appearance, produce hips – beautiful ornamental seed heads that wild birds adore. Ease off dead-heading these roses in midsummer and marvel at colourful fruits as they form in time for autumn. Find out more about species roses and their hips:

<https://www.classicroses.co.uk/blog/post/species-roses>

Some Jobs for November

- Make sure that your **gutters** are free of leaves and debris so that rainwater can flow easily into your water butts. Also ensure that the lids of **water butts** are secure, to avoid wildlife falling in and being unable to escape.
- Finish **clearing outdoor plants** after harvesting your crops. Pick up any leaves and dropped fruit and add to your compost areas. Greenhouse plants also need clearing to prevent fungal rot developing, as do containers that have been used for growing vegetables.
- **Clean and service tools and garden machinery.** Secateurs can be taken apart and may need some wire wool to remove signs of rust, and resin to remove any dark stains on the blade. The advice is that, with bypass secateurs, the upper blade should be sharpened on the bevelled edge. Once put back together all moving parts should be oiled and then wrapped up to protect from moisture over winter.

- **Raise planted containers** up on feet to prevent water-logging.
- **Re-pot Mint** – mint is a very vigorous plant which can spread quickly, and so is often grown in pots. However, it can quickly become root bound, so now is a good time to split and re-pot. It can easily be split using a sharp knife and, if necessary, the roots can be cut off at the base by 1/3 of the rootball as this will stimulate new root growth when re-potted. These pots can then be kept in the greenhouse, ensuring sufficient light.
- When **spring bulbs** were in flower did you mark where you had gaps? If so, there is still time to plant your selected bulbs, ready to give an even better display next spring.
- If you are holding a **Bonfire party**, please remember to check for Hedgehogs who may have found their way into the bonfire, BEFORE you light it, and provide them with a way of escape.

WHAT'S ON?

9th & 10th November RHS Rosemoor - **Living Statues**
11am – 3pm

Selected dates Friday 15 November – Saturday 28 December RHS Rosemoor - **Glow 2024** 4.30pm – 8pm
Last entry time slot 6.45pm – 7pm **Tickets must be booked in advance.** NEW this year, the Rock Gully with sparkling waterfall and rainbow tunnel of lights, silhouettes lit up in the Stumpery and a 'field of flames' in Lady Anne's Arboretum

Friday 15, Saturday 16, Friday 22, Saturday 23 and Saturday 30 November: 11am – 4pm and 4.30pm – 7pm **Sunday 17 and Sunday 24 November and Sunday 1 December: 10am – 4pm**

RHS Rosemoor - Magic of Christmas Craft & Food Fair Full details for the above events can be found at www.rhs.org.uk/gardens/rosemoor/whats-on

Tuesday 26th November – Crediton Garden Club - **Plants of the Canary Islands** – Ben Candlin. Crediton Library, Belle Parade, starting at 7.00pm.

Happy Gardening!

Nicola Baker



Brampford C of E Primary School

News from the Head of School

Autumn is truly upon us with all that it brings. The children have been fully immersed in the season celebrating harvest and giving thanks for all we have produced and all that we have.

Finch Class

Our youngest classes including Nursery, Reception and Years 1 & 2 have been learning about seasonal produce and enjoying nature's bounty by making baked apples and cooking them on a campfire during forest school sessions; they have also been learning harvest songs and poems and creating some beautiful artwork which was proudly displayed at our Harvest Service led by Reverend Tim and Reverend Deborah – a big thank you to them both for such a wonderful service.



*I have really liked writing about the Ice Bear by Jackie Morris. The illustrations are very inspiring! **Lily - Year 3***

*I have been enjoying going to Lords Meadow Leisure Centre where we swim and do gymnastics. P.E is my favourite subject! **Harry - Year 4***



*Our Harvest service went well. I was nervous to read the blessing at first but afterwards I was really proud of myself! **Eva - Year 6***

Skylark Class

Our older children in Skylark class have been working on some beautiful creative writing inspired by *The Ice Bear* by Jackie Morris. They have also put their hands to preparing a delicious soup on the campfire during forest school. They carefully chose and prepared seasonal vegetables and heard the folk tale of stone soup, sharing together when the soup was cooked.



Upcoming events and projects!

We are still collecting dried food for St Barnabus' collection for those in need overseas and other food and toiletries for CHAT Food Bank that supports people and families in Mid Devon, so please pop into the school office if you would like to contribute.

Christmas Festival – St Peters Church 23rd & 24th November.

Come along and enjoy the festivities – our children will be busy making decorations to adorn two Christmas Trees for you to feast your eyes on at the festival.

School improvement and projects this month

- Gardening some raised beds
- Devon Wildlife Trust Wildlife Wardens
- Election for our Junior Ethos Team (JETs)

How you could help?

Contact us or pop into the office if you think you could help us with any of the above, or you could email our lovely FOBSS team:

FOBSS@exevalleyfederation.org.uk

I do hope you have enjoyed finding out what we have been getting up to in our lovely little school. If you would like to know any more, or are interested in a place for your child in **any year group**, don't hesitate to get in touch via the school office:

brampfordadmin@exevalleyfederation.org.uk

01392 841414

We look forward to hearing from you!

Charlotte Tofts



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The Coach Hall (tea-room) can be hired as a venue for a wide variety of events. It is an atmospheric space for a variety of occasions, from birthdays and tea-parties to lunches, dinners, coffee mornings, meetings and more. Use of the kitchen, cobbled courtyard and adjoining barn is also included.

BESPOKE GROUP TOURS 2025

Calling local WI and U3A groups, garden clubs, special interest local groups and more!

Fursdon is one of Devon's oldest family homes.

Enjoy a fascinating house tour, take a leisurely stroll in the grounds and lovely walled garden and sample our delicious home baking, served in the Coach Hall tea-room!

From April to September 2025, for groups of 20 people or more, we can arrange a special opening.

Please contact us - we are friendly and accommodating and love having groups come to visit!

Answers to Music Quiz

A1: True. Elvis Presley did have a twin brother who died at birth.

A2: True. Roger Taylor and Brian May joined the Foo Fighters on stage in Hyde Park in 2006. (The crowd went wild!)

A3: False. AC/DC's 1980 album *Back in Black* did sell more copies worldwide than Pink Floyd's 1973 *Dark Side of the Moon* (Pink Floyd are in 4th position, AC/DC in 3rd)

A4: True. *Smells Like Teen Spirit* by Nirvana is a song about a deodorant for girls.

A5: False. Baby Spice of the Spice Girls was not originally named 'Blonde Spice'.

A6: True. Mariah Carey and husband Nick Cannon did name their son 'Moroccan'.

A7: True. Axl Rose wrote the lyrics for *Sweet Child O' Mine* in five minutes after hearing the guitar riff sounding from another room.

A8: False. Taylor Swift does have a belly button (everyone does!) The paparazzi circulated this one.

A9: False. David Bowie owned several dogs in his lifetime, not cats.

A10: True. Wild rocker Alice Cooper is an avid golfer and says the sport saves him from his demons.

Answers to November 'Twos' Quiz

- 1 They're detectives in *The Adventures of Tintin*
- 2 Twins
- 3 The school is St Clare's
- 4 Fred and George
- 5 The two Ronnies – Barker and Corbett
- 6 Sodom and Gomorrah
- 7 Frankie Goes to Hollywood
- 8 *Twelfth Night*
- 9 A couple
- 10 The French Revolution

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Our Village Hall is perfect if you are looking for a venue for an ongoing activity or planning a social event.

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See the Village Hall pages on www.brampfordspeke.org for more details or email infobsvht@gmail.com

Many thanks to Nick Gilbert Scott for allowing us to use his drawing of the Village Hall

Running on empty

Recently, Sir Kier Starmer told us: “The NHS is broken but not beaten...it requires major surgery not sticking plasters...there can be no investment without reform...this is a ten-year project”. What does this mean for us in Silverton and surrounding villages? We recognise the long wait for hospital appointments but we have an excellent surgery; Wyndham House recently ranked 13th out of the 6,311 GP practices in England in the 2024 GP Patient Survey.

It is true we do provide an excellent service. This is down to an enormous amount of hard work from our team at the surgery and also the fact that patients use the services we provide in a responsible way. However, we are not immune from the effects of what has been happening in the last 20 years within the NHS. Sadly, this is a story of hospital versus community healthcare. Since 2008, the proportion of NHS budget that has come to Primary Care services has dropped from 11% to 7%, the money being redirected to Secondary Care. The number of hospital doctors has increased by 30% whilst the number of GPs working in the UK has dropped by 10%. There has been an enormous exodus of recently-trained GPs to work in Canada and Australia. 1,300 GP practices have closed due to the lack of resource they were given stacked against increasing demand and inflationary costs. Whilst the junior doctors have been awarded a 22% pay increase, investment in General Practice is 5% less than in 2018.

Last year, the British Social Attitudes Survey showed a 29% decrease in patient satisfaction with the NHS over the previous four years. However, 85% of our population want a free at the point of delivery service and are happy to pay more tax to achieve this. Such a service needs a gatekeeper to ensure it is not overrun. This is one of our GP roles but it only works if we are able to provide continuity of care from cradle to grave. Wyndham House is top of the rankings because we strive to provide such care, but many GPs in the UK have not experienced the satisfaction and enormous health benefits it brings for both GP and patients. The evidence is clear: you live

longer and go to hospital less if you know your GP.

I am writing about this because we are having to make some changes that will affect patients to ensure we protect what we have. We take blood tests on behalf of the hospital, however the funding for this work has never properly been transferred to us. We can no longer do this, and so patients will be directed by the hospital to attend Whipton or Tiverton. We have had an open-access ear syringing service however we will now only offer a limited number per week and create a waiting list. We will also need to limit appointments for travel advice. We have recently seen an increase in patients cancelling appointments at the last minute, this wastes valuable clinical time that other patients could have used. From now on, when this occurs, we will be more direct about our disappointment and record it.

The truth for UK General Practice is that it is near to breaking; it requires major investment to re-establish its core infrastructure and there is not much time for the Government to do this.

Dr. Anthony O'Brien

Wyndham House Surgery

Bereavement Drop-In Group

A new Bereavement Drop-In group has started in Silverton.

It is held at Room 4 U on the second Thursday of the month, 10.30am - 12.30pm. The group will be supported by Wyndham House Patient Participation Group and the Friends of Wyndham House Surgery.

Everyone is welcome, whether you have been bereaved for three months or 30 years. It will be a safe space to talk, laugh, cry and share practical help in confidence and refreshments will be served.

Please do feel free to join us, but if you would like more information before coming, please ring Carole Allen on 07465 448535.

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Wednesday	09:00 – 11:30 15:00 – 17:30	09:00 – 11:30 15:00 – 17:30		
Thursday	09:00 – 11:30 14:00 – 16:00		09:00 – 11:30	09:00 – 11:30 15:00 – 17:30
Friday		09:00 – 11:30	09:00 – 11:30 14:30 – 16:00	

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Repeat prescriptions can be ordered online via our website.
We also operate a home delivery service for housebound registered patients.
Please contact our reception or dispensary for more information.

Flexible appointments at beginning and end of day if required - just ask

Silverton Link Up

(Incorporated with The Friends of Wyndham House Surgery Charity no. 1048253)

A voluntary car service for Wyndham House Surgery patients.

If you have problems getting to / from Health Appointments ...surgery, hospital opticians or dentist, Link Up may be able to help.

To book transport please contact Link Up as below.

There is no charge for the service, however, any donations to our charity appreciated. Donations can be given to the driver who issues a receipt.

Link Up is always looking for additional volunteer drivers. If you are interested, or for further information, please contact Link Up.

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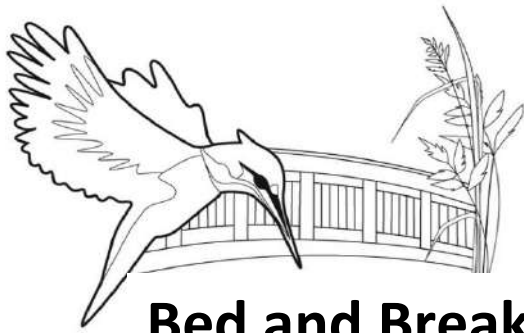
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Bramford Speke Stooks Close	10.19
Upton Pyne Post Box	10.27
Exeter St Davids	10.43
Sidwell Street	10.48

FROM EXETER: Wednesday and Friday (678)

Sidwell Street	Stop 40	13.20
Exeter St Davids		13.25
Upton Pyne Post Box		13.36
Bramford Speke Stooks Close		13.44

Service provided by Country Bus Devon: 01626 833664, info@countrybusdevon.co.uk

NEIGHBOURHOOD WATCH and POLICE

Contact numbers for information:

Bramford Speke 840100 Cowley 851634

Our PCSO Steve Trail can be contacted on 101

Home Safe (noise problems)

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PARISH DIRECTORY

Rector

Tim Collins
Tel 860767
tim.collins@netherexe.org

Curate

Deborah Leighton Plom
deborah@netherexe.org

Reader

Laura Ford
Tel 07741 491946
laura.ford@netherexe.org

Netherexe Parishes website: www.netherexe.org

Administrator

Peter Shepherd
Tel: 07551 844321

Church Wardens (BS)

Richard May Tel 841448
Douglas Ford Tel 841753

Church Wardens (UP)

Lisa Clapp Tel 841339

PCC Treasurer**Organist****Secretary**

Vacancy

Vacancy

Vacancy

Beverley Horton (UP)

Vacancy

Lisa Clapp (UP)

Tower Captain

Ed Sanders (BS)
Tel 841434

Jenny Codling (UP)
Tel 07872 922 202

Brampford Speke Baptist Chapel Revd. Simon Taylor Tel: 279485

Brampford Speke Parish Council

<https://www.middevonparish.co.uk/brampfordspeke/>

Clerk

Tracy Watkins 07811 938614 clerkbspc@gmail.com

Councillors

Brad Hillson (Chair)	07870 865231	brad.hillson.bspc@gmail.com
Elaine Hollingsworth	01392 841434	elaine.hollingsworth.bspc@gmail.com
Will Honan	07946 110976	will.honan.bspc@gmail.com
Lisa Langdon	07515 873324	lisa.langdon.bspc@gmail.com
Stuart Luxton	01392 841094	stuart.luxton.bspc@gmail.com
Richard Tillett	01392 841268	richard.tillett.bspc@gmail.com

Other Contacts in Brampford Speke:

Village Hall website	www.brampfordspeke.org.uk
School	841414
Brampford Area Baby and Toddler Group	Catherine Bending 07964 967278
Friends of BS School (FOBSS)	hellofobss@gmail.com or 841414
Village Hall Bookings	Molly Luxton 841270
Footpath warden	footpaths.BSPC@gmail.com
Tree Warden, Elaine Hollingsworth	01392 841434
Twinning Association	Kate Cavill 0751 3002 708

Upton Pyne & Cowley Parish Council

Council website www.uptonpyne-pc.org.uk

Clerk Jacqui Ward

01392 851918

parishclerk@uptonpyne-pc.gov.uk

Councillors

Bob Short	UP	bobshort@uptonpyne-pc.gov.uk	Chairman
Jessica Dalton	UP	jessicadalton@uptonpyne-pc.gov.uk	
Amanda Ryles	Cowl	amandaryles@uptonpyne-pc.gov.uk	Footpath Warden
Maggie Cormack	UP	maggiecormack@uptonpyne-pc.gov.uk	
Sophie Ward	UP	sophieward@uptonpyne-pc.gov.uk	IT & Communications
Mark Hewlett	Cowl	markhewlett@uptonpyne-pc.gov.uk	CLT representative for the PC
Mike Leach	UP	mikeleach@uptonpyne-pc.gov.uk	

Other Contacts in Upton Pyne

Garden Club	June Nicks (Chairman)	841272
Village Hall Bookings	Ian Findlay	iankfindlay@outlook.com
Footpath Warden	Amanda Ryles	
Whatsapp Group	Sue Glanville	07753 605726
	Gerry Farrell Morrish	07974 249466
	Abi Hann	07835 259514

East Devon District Council

Blackdown House, Border Road, Heathpark Industrial Estate, Honiton, EX14 1EJ. Tel: 01404 515616

Councillor: Jamie Kemp 07538 570551 jkemp@eastdevon.gov.uk

EDDC Dog Warden: 01395 571517

Devon County Council

Councillors: Henry Gent Henry.Gent@devon.gov.uk

Sara Randall Johnson 01404 822524 sara.randalljohnson@devon.gov.uk

Tel: 03451 551015. Highways Operations Control Centre 01392 383329 (8am -8pm) or 0345 155 1004 (out of hours) for reporting fallen trees, flooding, potholes etc.

Redlands 01363 727111 (inc. Thorverton Surgery)

SpekeUp www.spekeup.org

Material for publication should be sent by 15th of the month by email to contributions@spekeup.org.uk

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For further information please contact:

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Brampford Speke: Richard Tillett 01392 841268

Distribution: Bev Lewers (UP&C) 07742 927163 Karen Sanders (BS) 07870382481

November DIARY

Monday	4 th November	11am	Upton Pyne Village Coffee Morning Upton Pyne Village Hall All welcome.	Veronica Clarke 841 530
Sunday	10 th November	2pm	Whist Drive Upton Pyne Village Hall	David Taverner 01884 855459
Monday	11 th November	7.30pm	Upton Pyne and Cowley Parish Council Meeting Upton Pyne Village Hall	Jacqui Ward 01392 851 918
Tuesday	12 th November	12 noon	Lunch Bunch Thorverton Arms	Pat 841 599 or Veronica 841 530
Wednesday	13 th November	7.30pm	Brampford Speke Parish Council Meeting Brampford Speke Village Hall	Tracy Watkins 07811 938614
Saturday And Sunday	23 rd 24 th November	2pm – 5pm	The Annual Christmas Festival 2024 St Peter's Church Brampford Speke Christmas trees and displays, Music from the Brampford Speke Brass Band, Christmas cream tea, Mulled Wine, Hot drinks, Biscuits and Cakes available in the festival café.	For information or to enter your own wreath, tree or Christmas-themed display contact Laura on 07910 855053. Further updates on the Church notice board.
Saturday	23 rd November		Annual Garden Club Christmas Dinner Upton Pyne Village Hall An evening of festive cheer All welcome	Contact June 01392 841272 for more information and to book a place
			Weekly	
Monday		10.30 am	Pilates Brampford Speke Village Hall (Term Time only)	Nicki Stumpf 07838 260290
Wednesday		10am	Art Class Upton Pyne Village Hall	John 07816 846562
Thursday		9.15am – 11am	Toddler Group Brampford Speke Village Hall (Term Time only)	Emily 07511 623314
		9.30am	Zumba Upton Pyne Village Hall (Term Time only)	Caroline Anstead 07796 950652, canstead4@gmail.com
		2-4pm	ea Upton Pyne Village Hall	Adrienne 07791 609068
Friday		10.30-11.30am	Pilates Upton Pyne Village Hall	Rebecca Cunningham 01363 866047



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